



Nappy changing and intimate care

Policy Statement

We encourage parents to toilet train their children before starting pre-school. However, we recognise that this may not always be possible and no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures – nappy changing

- Children who are not yet toilet trained should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Parents must supply a named bag with their nappies or 'pull ups' and changing wipes and a change of clothes. This must be put on the hanging rack by the toilets and must be checked regularly.
- Key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Gloves are put on before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Nappies and 'pull ups' are disposed of hygienically. The nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.

Procedures – toileting

- Children access the toilet when they have the need to and are encouraged to be independent.
- When children need help, for instance getting onto the toilet, undoing trousers, or wiping bottoms our staff will always be on hand to help.
- Parents can help by encouraging independence at home and by sending children to pre-school in clothes which they can manage themselves.
- Children are constantly reminded about the need to wash hands after using the toilet.

Procedures – changing clothes

- Sometimes it is necessary to change a child's clothes, for instance when they have soiled themselves, or when they have been playing with water.
- We maintain a stock of spare clothes, but as these are often not returned, we sometimes run low on supplies. Parents are therefore encouraged to leave a change of underwear and trousers in their child's tray.

Documentation

We will maintain a record of every time we change a nappy/help with toileting/change a child's clothes. You will also receive a slip of paper telling you each time.

This policy was adopted at a meeting of	Child's Play Pre-school	name of setting
Held on (date)	01/10/2012	
Signed on behalf of the Proprietor		
Role of signatory	Owners	
This policy was reviewed on		(date)
<i>continue as necessary</i>		(date)